

CHICKEN SALAD SUB SANDWICH

Chicken Salad on a Rich's whole grain mini sub roll, makes a perfect lunchtime meal.

Yield: Varies



INGREDIENTS

1 Each	RCIN PROOF & BAKE ROLL DOUGH WITH 51% WHOLE GRAIN MINI SUBMARINE (#11782)
4 C	Cooked Canned Chicken, drained
2 C	Diced celery
1 C	Diced onion
1 C	Low Fat Mayonnaise
2 Slices	Tomato
1/4 C	Shredded Lettuce

DIRECTIONS

1	Prior to Use: Roll dough and chicken Bites products are delivered frozen. Store products at o F to -10 F
2	On day prior to service, thaw, proof and bake the mini- sub rolls. Store in plastic bags or a covered contain at room temperature
3	On day of service, prepare chicken salad ingredients: (Yields 16 subs) 4 c. cooked canned chicken, drained, 2 c. diced celery, 1 c. diced onion, 1 c. low fat mayonnaise
4	Slice the baked mini sub buns in half and place on parchment lined sheet pans.
5	Building each Sandwich: Place ½ c. of the chicken salad on the bottom halve of the sliced rolls.
6	Top the chicken salad with 2 slices of tomato and ¼ c. shredded lettuce. Spread the top half of the sub roll with 1 Tbsp. low fat mayonnaise.
7	Close the sandwiches. Sandwiches can be prepared, wrapped or covered and held at 35-40°F for 2 hours before serving
8	Serve the sandwiches with ½ cup vegetables or veggie chips, ½ cup fruit and 8 oz. milk for a reimbursable lunch on USDA Child Nutrition Food Based Menus.

CHEE NOTES

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