



GREEN GODDESS SMOOTHIE

Refresh and recharge with this vibrant smoothie! Packed with crisp green apple, creamy banana, a powerhouse handful of spinach, and the tropical mango. It's a deliciously smooth way to sneak in your greens!

Yield: 1 Smoothie

INGREDIENTS

 f'real Blend & Serve Mango Smoothie (#23785)

1/2 Green apple

1/2 Banana

2 C Spinach

DIRECTIONS

- 1 Combine all ingredients in a blender, blend until smooth.
- 2 Pour into a tall glass. Garnish with additional slices of apple or banana. Serve immediately

