



APPLE CINNAMON PICK-ME-UP

Apple Cinnamon smoothie made with Rich's Non Dairy Whip Topping ideal for an afternoon pick me up.

Yield: 1 – 12 oz beverage



INGREDIENTS

4 oz	 Rich's® Whip Topping®, Non-dairy, 12 2-lb Cartons (#08011)
1/2 C	Apple Juice
1/4 C	Apple Sauce
1 1/2 tsp.	Cinnamon
4 oz	Crushed Ice

DIRECTIONS

- 1 Blend all ingredients in blender until smooth.
- 2 Serve in chilled glass garnished with fresh fruit kabob.