

BBLT SALAD

A twist on an original favorite! Add SeaPak Butterfly Shrimp to your traditional BLT.

Yield: 4 Servings

INGREDIENTS

	Salad Dressing of choice
2 Slice	cooked bacon, crumbled
2 Item	Tomatoes
1 Item	Head of Iceberg Lettuce
1 pk.	SeaPak Butterfly Shrimp
1/4 C	Shredded cheddar cheese



DIRECTIONS

5	TOP salads with butterfly shrimp. Add dressing of choice and serve
4	SPRINKLE bacon crumbles and cheese over salads.
3	DICE tomatoes and add to lettuce
2	CHOP lettuce into quarters and portion into serving dishes.
1	COOK shrimp according to package instructions