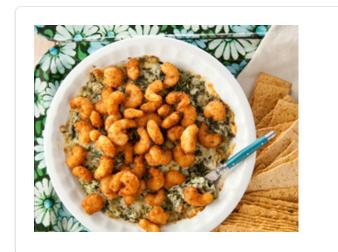


HOT AND CHEESY SPINACH AND SHRIMP DIP

The original creamy spinach dip with a SeaPak twist

Yield: 6 Servings



INGREDIENTS

2 Unit	10 oz frozen chopped spinach, thawed and excess water squeezed out.
1/2 C	Mayonnaise
1/2 C	Sour cream
2 C	shredded monterrey jack cheese
1 tsp.	Hot sauce
2 Unit	Cloves of garlic, minced
1/4 C	Parmesan cheese, grated
	Crackers or toasted french bread slices
	Kosher salt and ground black pepper, to taste
1/3 Unit	18 oz SeaPak Popcorn Shrimp

DIRECTIONS

- In a large mixing bowl, stir together the spinach, mayonnaise, sour cream, jack cheese, parmesan cheese, garlic and hot sauce. Salt and pepper to taste. Spoon mixture into the prepared casserole dish and bake until bubbly and heated through (approximately 25 minutes). Top with the warm shrimp and serve immediately with crackers or toasted bread slices.
- Preheat oven to 325° F. Prepare a casserole dish with nonstick cooking spray and set aside.
- Prepare Seapak® Popcorn Shrimp according to package directions and keep warm.